

# Lancaster & Morecambe Additional Needs What's On Guide Sept / Oct 22

## MONDAYS

**Bee Unique Autism 19/9/22** parent carer coffee morning Lewis's ice Cream Shop Morecambe 9.30am no need to book.

**Bee Unique Autism** After school drumming Session @ More Music ages 4-14 £2.50 per child every Monday term time 4.30-5.30 [www.bookwhen.com/beeunique](http://www.bookwhen.com/beeunique)

**Escape2Make Yoga Club (Not SEN exclusive)** Writing Room, The Storey Lancaster Fortnightly 11-14 yr. olds 4pm-5pm, 15-18yr olds 5.15pm-6.15pm Book via website [www.escape2make.org](http://www.escape2make.org)

**SEN KICKS Football session** Morecambe FC Community Sports Heysham Mossgate Community Centre LA32AW 5pm-6pm Years 3-6. No need to book. 01524412125

**SEND EASY Youth Group ages 12-25** Morecambe Library 6.15-8.30 booking essential via Claire Armer (LCC) 07717815062 / 01524 581280

## TUESDAYS

**More Music Bay Beats** ages 8+ 6.15 new starters and younger players 7.30 more experienced players. Pay as you feel. [www.moremusic.org.uk](http://www.moremusic.org.uk)

**Bee Unique Fun activities @ Ryeland's Park** all ages & abilities 4.30-5.30 £1.50 per person [www.bookwhen.com/beeunique](http://www.bookwhen.com/beeunique)

## WEDNESDAY

**Unique Kidz and co Stay and Play** For families with children with additional needs, just turn up 10.00-12.00. Woodhill lane Morecambe 01524 831132 [www.uniquekidzandco.org.uk](http://www.uniquekidzandco.org.uk)

**Colourful Footsteps (formerly known as AOK) parent peer support group** 1.30-2.30 at Lune Park Neighbourhood centre children under 8 welcome booking essential 01524 581280

**Sing it out More Music** 4pm-5.30pm nurturing group for 11-18yr olds FREE. Referral needed from key worker [www.moremusic.org.uk](http://www.moremusic.org.uk)

**Escape2Make Architecture Group (Not SEN exclusive)** Weds 4.30-6.00 ages 11-18 The Storey Lancaster Attend by Invite only via email to [info@escape2make.org](mailto:info@escape2make.org)

**C.H.A.T.S Parent peer support group for CYP with mental health concerns.** Monthly Zoom drop in last Weds of month 7-8.30 on Zoom [chats\\_123@yahoo.com](mailto:chats_123@yahoo.com)

## THURSDAYS

**Unique Kidz and co Sensory Session** For families with children with additional needs, just turn up 12-2.00. Woodhill lane Morecambe 01524 831132 [www.uniquekidzandco.org.uk](http://www.uniquekidzandco.org.uk)

**Disability Friendly sessions at Jump Rush Morecambe Ages 5+** 4.00-5.00 £6.00 per jumper (carer jumps for free) [www.jump-rush.com](http://www.jump-rush.com)

**Escape2Make Film Club (Not SEN exclusive)** Thurs 4.45-5.45 or 6-7 The Storey Lancaster Sign up by email to [info@escape2make.org](mailto:info@escape2make.org)

**X Height Climbing Wall Salt Ayre SEN sessions** Thursdays 5-6, 6-7. There are 7 spaces per session, ages 5+ siblings welcome. £6.00 per climber. Book via Salt Ayre Leisure Centre [www.lancaster.gov.uk](http://www.lancaster.gov.uk)

## FRIDAYS

**Lancaster Adult Autism Group (18+)** Last Friday of month at Cornerstones in Lancaster

**Bay Youth Voices More Music** 5.30-6.30 primary aged children [www.moremusic.org.uk](http://www.moremusic.org.uk)

**Have you registered for Lancashire Break Time or Break Time Plus** <https://bit.ly/3sYDE6r>  
**BOOKING ESSENTIAL**

Lots of providers across the county including Outdoor offers at Towerwood & Borwick Hall. Go to the Lancashire Local Offer and search Lancashire Break time or go to the Lancashire Local Offer facebook page for updates [www.Lancashire.gov.uk/SEND](http://www.Lancashire.gov.uk/SEND)

## SATURDAYS

**Autism Friendly Screening** Reel Cinema Morecambe fortnightly. Check website or NLDG page for info

**A Spectrum Connection** Ages 16+ with a diagnosis 2<sup>nd</sup> & 4<sup>th</sup> Saturday of the month 11-2 Brew Me Sunshine in Morecambe

**Unique Kidz and Co Family Drop In Day** Date TBC 12-3 all welcome. Just turn up. Woodhill lane Morecambe 01524 831132 [www.uniquekidzandco.org.uk](http://www.uniquekidzandco.org.uk)

**L&M Deaf Children's Society** last Saturday of month Family Group @ Morecambe Library 2-4 [www.lamdc.co.uk](http://www.lamdc.co.uk)

## SUNDAYS

**Autism Friendly Screening** Vue Cinema Lancaster last Sunday of the month normally around 10am Check Vue website or NLDG page for details

**Exclusive Play Session Hugo's Soft play Forton PR30BL** 9/10/22 10am-11.30am £2 per child all ages & siblings welcome [www.bookwhen.com/beeunique](http://www.bookwhen.com/beeunique)

**Exclusive Play Session Energy Soft play Salt Ayre** 4-5.30pm starting soon [www.lancaster.gov.uk](http://www.lancaster.gov.uk)

**X Height Climbing Wall Salt Ayre SEN sessions** 4.00pm session starting soon [www.lancaster.gov.uk](http://www.lancaster.gov.uk)



Before setting off to join an activity, please check with the provider / venue in case you need to pre-book and any info about your child that would help the session leaders is shared. Unless specified, no diagnosis or proof of diagnosis is needed to access any of the groups.

For more information on local activities during term time, school holidays and after school, please go to: Lancashire Local Offer:

[www.Lancashire.gov.uk/SEND](http://www.Lancashire.gov.uk/SEND) Local Offer facebook page: [www.facebook.com/LancashireLocalOffer](https://www.facebook.com/LancashireLocalOffer)  
North Lancashire Directions Group Facebook page: [www.facebook.com/NLDGAdditionalNeedsSupport](https://www.facebook.com/NLDGAdditionalNeedsSupport)